

Inners are available in sizes XSmall, Small, Medium and Large; and are suitable for children and adults. The following is a general guide to the inner sizings, however, there may be some variation due to the users individuality (e.g. build).

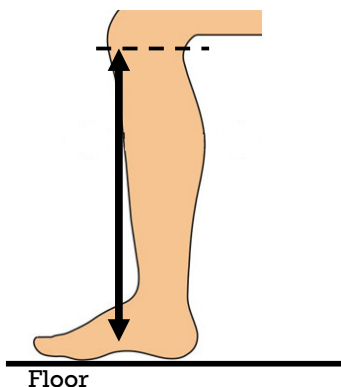
**If your sizing requirements are smaller or larger than those shown in the sizing chart Innerz are happy to make inners to your measurements. Contact admin@innerz.com.au for further information. If you purchase the incorrect size, Innerz are happy to exchange them for the correct size (providing they are in new condition and have not been used).

Girth (cms)

	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40						
Length (cms)	28	XSmall (Average children 7-8 y.o.)																						
	29																							
	30																							
	31																							
	32				Small (Average children 8-12 y.o.)																			
	33																							
	34																							
	35																							
	36					Medium (Average teenagers, women, smaller men)																		
	37																							
	38																							
	39							Medium / Large																
	40																							
	41							Large (Taller women, larger calf sizes, men)																
	42																							
	43																							

Measuring your required height:

Measure the height of your calf as illustrated (side of foot level with the bottom of your arch [not floor] up to level with the curved area just below the knee)



Measuring your required width:

Measure the width of the curved area just below the knee as illustrated

